

*Celestial Seasoning® - Sleepytime, Peppermint, Wild Forest Blackberry, Mandarin Orange Spice, Cinnamon, Apple Spice*

*R.C. Bigelow® - Cranberry Apple, Red Raspberry, I love Lemon, Orange and Spice, Mint Medley, Sweet Dreams*

*Thomas J. Lipton® - Gentle Orange, Lemon Soother, Chamomile Flowers.*

*Fennel Tea and Stinging Nettle Tea*

## References

1. Holmes, R. Estimation of the oxalate content of foods and daily oxalate intake. Kid Intern, 57(4) Apr 2000, pp 1662-1667
2. Kasidas, GP and Rose, GA, Oxalate content of some common foods: determination by an enzymatic method, J Human Nutr. 34, 255-266, 1980
3. Zarembski, PM and Hodgkinson, A. The oxalic acid content of English diets. Brit J Nutr, 16, 627-634, 1962
4. Savage, GP, Nilzen V, Osterberg, K, Vanhanen, L. Soluble and insoluble oxalate content of mushrooms. International Journal of Food Science and Nutrition. 53(4): 293-6, July 2002
5. Massey, LK, Palmer, RG, Horner, H. Oxalate content of soybean seeds, soyfoods, and other edible legumes. J. Agric Food Chem, 49 (9), 4262-4266, 2001.
6. Charrier, MJS, Savage GP, Vanhanen, L. Oxalate content and calcium binding capacity of tea and herbal teas. Asia Pacific Journal of Clinical Nutrition. 11(4): 298-301, 2002
7. Hönow, R and Albrecht, H. Comparison of extraction methods for the determination of soluble and total oxalate in foods by HPLC-enzyme-reactor. Food chemistry 78, 511-521, 2002
8. Libert, B; Franceschi, V. Oxalate in crop plants. J. Agric Food Chem. 35, 926-938, 1987